



## What to expect when taking classes at Buckeye Gymnastics during the Covid-19 pandemic.

It's still gymnastics, and cheering, and warrior training. It's still cartwheels, handstands, trampoline, pits, beam, rope-swings, fun and your favorite teachers. But it is different too. The teachers will all wear masks, the kids will be kept 6' apart and lots of hand sanitizer will be used. Seating will be limited and many parents will decide to watch on the Spot TV App.

### Before You Leave For The Gym

- \* Do Not come to the gym if you are sick (parent or child).
- \* Provide a bag for your child with water and anything else they will need for gym
- \* Parents should talk to their children about keeping 6' foot distance and following other gym rules
- \* Bring your masks. Parents and kids K-12.
- \* Arrive at the gym dressed for action and ready to participate. Use the restroom before you leave.

### When You Get To The Gym

- \* Look for signs on where to enter and exit.
- \* Use hand sanitizer upon entry.
- \* Only one parent/adult may enter the gym with the child.
- \* All adults required to wear masks. Masks should cover the face from nose to below the chin. Bاندanas are not permitted. No medical exemptions.
- \* Seating is limited. If all seats have been taken, the parent must wait outside for an opening.
- \* Watch your child's class online using the SPOT TV App.

### During Class

- \* Children K-12 are required to wear a mask during group warm-ups.
- \* Students are allowed to wear masks at all times.
- \* Students will sanitize hands after each event.
- \* Once the weather turns colder rec students should bring a bag to use to store their coats, outer wear, shoes and boots, a water bottle and anything else they will need since the cubbies are closed.
- \* Time will be spent on maintaining 6' distancing.
- \* Leaping, flipping, tumbling, jumping and generally having a great time is still what we are all about even with masks on.

### Exiting the Gym

- \* Children K-12 are required to wear a mask when exiting the gym.
- \* At Westerville the kids and parent exit through the door they used to enter the gym.
- \* At Powell both buildings require entry through one door and the exit through another door to limit congestion.

