



## What to expect when taking classes at

### Buckeye Gymnastics during the Covid-19 pandemic.

It's still gymnastics, and cheering, and warrior training. It's still cartwheels, handstands, trampoline, pits, beam, rope-swings, fun and your favorite teachers. But it is different too. The teachers will all wear masks, the kids will be kept 6' apart and lots of hand sanitizer will be used. Seating will be limited and many parents will decide to watch on the Spot TV App.

#### Before You Leave For The Gym

- \* Do Not come to the gym if you are sick (parent or child).
- \* Provide a bag for your child with water and anything else they will need for gym
- \* Parents should talk to their children about keeping 6' foot distance and following other gym rules
- \* Bring your masks. Parents and kids K-12.
- \* Arrive at the gym dressed for action and ready to participate. Use the restroom before you leave.

#### When You Get To The Gym

- \* Look for signs on where to enter and exit.
- \* Use hand sanitizer upon entry.
- \* Only one parent/adult may enter the gym with the child.
- \* All adults required to wear masks. Masks should cover the face from nose to below the chin. Bandanas are not permitted. No medical exemptions.
- \* Seating is limited. If all seats have been taken, the parent must wait outside for an opening.
- \* Watch your child's class online using the SPOT TV App.

#### During Class

- \* Children K-12 are required to wear a mask during group warmups, then they can take them off
- \* Students are allowed to wear masks at all times.
- \* Students will sanitize hands after each event.
- \* Once the weather gets warmer the gym doors will be open to allow fresh air to circulate in the building.
- \* The AC units will continue to run even when the doors open powered by Buckeye's rooftop solar arrays.
- \* Time will be spent on maintaining 6' distancing and disinfecting.

#### Exiting the Gym

- \* Children K-12 are required to wear a mask when exiting the gym.
- \* Parents and kids should enter through one door and exit through another as posted.



Be a Buckeye and wear a mask!



Stay Home if Sick

REMEMBER TO STAY ONE CARTWHEEL APART!

